



# Prepare Your Heart Advent's Greatest Invitation December 2, 2023



Slow down, even if just for a morning, and join us as we say “Yes” to Advent’s invitation to Prepare Your Heart for the Lord’s continual arrival into our lives.

Come and be part of a reflective, prayerful, and engaging morning as we notice, pause, and stay alert. Interrupt the busy days, especially during a month where the pull for our attention is great and the pressure to rush through Advent is all around us. Come and say “Yes” to Advent’s greatest invitation to notice

pause and  
**Prepare Your Heart.**

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**Program Facilitator:** We are delighted to welcome Stephanie McCarthy. Stephanie finds joy in developing and facilitating prayerful and reflective experiences. She comes with an extensive background in retreat design, campus ministry, and group facilitation.

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## Morning Retreat Schedule

9:00 am: Registration / Coffee, Tea, muffins  
9:30 am: Program  
12:30 pm: Lunch

*Participants are welcome to stay after lunch to pray in the chapel and to spend time in the quiet spaces of the Mother Boniface Spirituality Center.*

## Registration Options

- **Online:** [www.msbt.org](http://www.msbt.org)
- **Mail:** Mail in the completed registration form (on reverse side) to:  
3501 Solly Avenue  
Philadelphia, PA 19136
- **Phone:** 215-350-1830





# Prepare your Heart Advent's Greatest Invitation Registration Form

**\$45 -INCLUDES PROGRAM,  
MORNING LIGHT SNACK AND HOT BEVERAGE, LUNCH**

**NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY:** \_\_\_\_\_ **STATE:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**PHONE:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

**DO YOU HAVE ANY DIETARY REQUIREMENTS?**

\_\_\_\_\_

**DO YOU HAVE ANY ACCESSIBILITY REQUIREMENTS?**

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**WILL THIS BE YOUR FIRST TIME AT THE MOTHER BONIFACE SPIRITUALITY  
CENTER? YES NO**

**HOW DID YOU HEAR ABOUT THIS EVENT?**

\_\_\_\_\_

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**Please make checks payable to:  
MSBT or  
Missionary Servants  
of the Most Blessed Trinity**



**Mail Form and Payment to:  
Mother Boniface Spirituality Center  
3501 Solly Avenue  
Philadelphia, PA 19136**

